



Beets, Beans and Greens

- ¼ cup lemon juice
- 1 garlic clove (finely chopped)
- 2 tsp. mustard
- 2 tsp. vegetable oil
- 2 cups beets (cooked, sliced)
- 1 head of lettuce (washed, torn into pieces)
- 2 cups beans (cooked, rinsed)
- Salt and pepper (to taste)

PREPARATIONS

Combine lemon juice, garlic, mustard, oil, salt and pepper in a large bowl to make a dressing. Place sliced beets in a separate bowl. Toss 1 Tbsp. of dressing with beets to coat. Toss the lettuce pieces and beans with the remaining dressing in the large bowl. Plate dressed salad and beans. Add dressed beets on top.
Makes: 6 servings